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Dear colleague,

Welcome to the September 2020 edition of the CPOC newsletter. In this edition you will find an update on the work taking place along with other content we hope you find of interest.

#### **COVID-19**

We thank everyone for their continuing hard work amidst the pandemic.

Please access the joint website below from the the Royal College of Anaesthetists, The Faculty of Intensive Care Medicine, the Intensive Care Society and the Association of Anaesthetists, which provides information, guidance and resources to support clinicians during the COVID-19 outbreak.

For regular news and updates, [follow us on Twitter!](#)

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[Visit the COVID-19 guidance hub](#)

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## CPOC Publications

### Multidisciplinary Working in Perioperative Care

Today CPOC publishes the [second in a series of evidence reviews](#) that are helping to make the case for perioperative care.

"This report explores the important role that multidisciplinary working plays in the perioperative care pathway. It teases out the 'ingredients' for successful team working and identifies the barriers and enablers – at system, organisational, team and individual level. The report finds that there is some evidence that multidisciplinary working can:

- Speed access to surgery
- Improve people's clinical outcomes
- reduce surgical care costs by helping people leave hospital earlier.

During the COVID-era and beyond, multidisciplinary perioperative teams can be at the front and centre of supporting staff to deliver the best possible care. This review is an important contribution to supporting local teams to work collaboratively in offering the best care to their patients, and in supporting decision makers to advocate for perioperative care."

[Read the report here.](#)

### Proving the Case for Perioperative Care- Impact of Perioperative Care on Healthcare Resource

CPOC has published a [rapid research review](#) that highlights that the perioperative pathway is associated with higher quality clinical outcomes, reduce financial cost and better satisfaction for surgical patients. This triad is the holy grail of healthcare. The major review of over 27,000 studies reveals perioperative care;

1. reduces length of in-patient stays by an average of 1-2 days
2. reduces complication rates after surgery by 30-80%
3. reduces the need for post-surgery intensive care
4. supports people to feel well sooner, reducing the costs of care, and societal costs
5. improves how prepared patients feel for surgery
6. increases how empowered and satisfied patients are with their care
7. improves communication between surgical patients and their health teams.

Read the [full report here.](#)

## National Day Surgery Delivery Pack- **BADS, GIRFT & CPOC**

In conjunction with CPOC, [Get it Right First Time \(GIRFT\)](#), and [British Association of Day Surgery \(BADS\)](#), have published the '[National Day Surgery Delivery Pack](#).' The pack aims to support trusts in considering reconfiguration or redevelopment of services to increase the level of day surgery for at least the 200 procedures identified by BADS and to provide advice to clinical communities on developing safe and effective day surgery pathways.

## Publications Coming in October

### Enhanced Perioperative Care Guidance

In partnership with the Faculty of Intensive Care Medicine and NHSE/I, CPOC will soon be published important guidance on Enhanced Perioperative Care.

#### What is Enhanced Perioperative Care?

Enhanced Perioperative Care is proposed as a new model of care for surgical patients who cannot be optimally managed in a general ward environment.

Please refer to the [CPOC Website](#) for the publication release



## Read, Watch and Find Out More

- The BMJ has published '[Good perioperative care can cut post-surgery complications by up to 80%, review shows](#)' based on CPOC's recently published evidence review
- In conjunction with the release of the '[National Day Surgery Delivery Pack](#)', a webinar on 'Maximising Day Surgery' took place to launch the case for Day Surgery in light of COVID-19.
- On 21 September 2020 UCL launched its **FREE** six week '[Perioperative Medicine in Action Course](#).' This is open to anyone who would like to learn about perioperative medicine.
- [The Personalised Care Institute](#) has launched its virtual training hub for all health and care staff to access the very latest personalised care training and development. Offering a wide range of flexible and accredited courses from a range of providers, the

Institute supports professionals to gain the knowledge, skills and confidence to provide personalised care to their patients.

## Looking for guidance to give to your patients during the pandemic?

CPOC has developed its very own 'FAQ for patients undergoing surgery during the pandemic' and 'My Operation and Coronavirus' for young people.

This guidance was updated in August 2020 in line with NICE NG179 '*Covid 19: rapid guideline: arranging planned care in hospitals and diagnostic services.*'

**Please use and disseminate this resource freely in your trust.**

**Download the CPOC FAQ's**



### Surveys on Perioperative Care

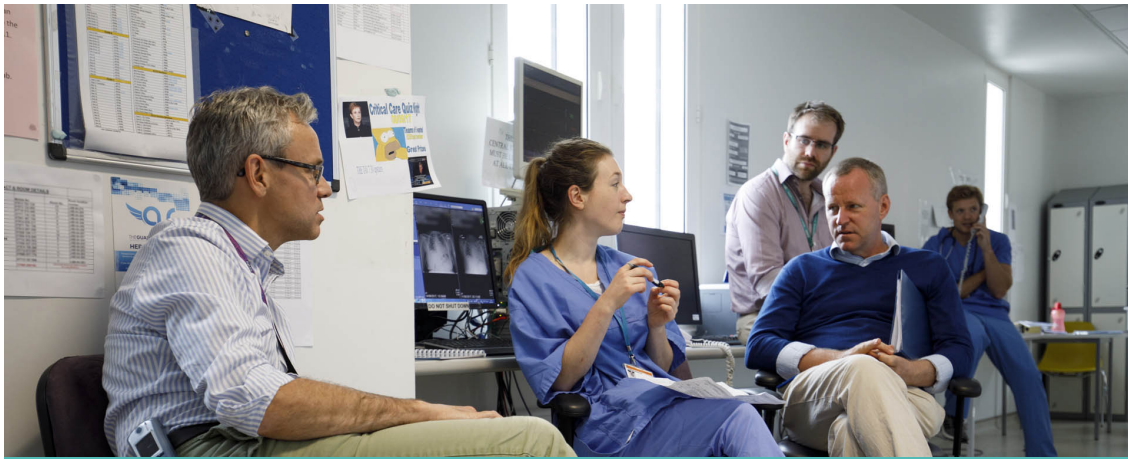
We now have a survey page on the [CPOC website](#), hosting current surveys on perioperative care. We are very happy to upload surveys from external contributors, once approved by the CPOC Executive Team. You can find the submission form on the [survey webpage](#).

### Clinical preferences for the treatment of older patients facing major GI surgery

There is wide variation in UK practice relating to the treatment of older patients with both malignant and non-malignant gastrointestinal diseases; major surgery rates vary between regions and clinicians. We want to establish the practice of different UK surgeons in how they assess suitability for major GI surgery, how they optimise care and the importance of different factors in surgery decision making.

**Surveys on perioperative care**





## Do you have an example of great perioperative care?

Please submit a Case Study submission form with the full details so that we can share your example on the CPOC Website.

[Submit a Case Study](#)



## PERIOPERATIVE JOURNAL WATCH

See which articles on perioperative care have caught our attention. Recently added articles cover topics such as:

1. Accuracy and Feasibility of Clinically Applied Frailty Instruments before Surgery: A Systematic Review and Meta-analysis
2. Older patients undergoing emergency laparotomy: observations from the National Emergency Laparotomy Audit (NELA) years 1–4
3. Human Plasma biomarker responses to inhalational general anaesthesia without surgery
4. Preoperative intravenous iron to treat anaemia before major abdominal surgery (PREVENTT): a randomised, double-blind, controlled trial

[View the CPOC Journal Watch](#)

# Get in touch...

We really want to hear what you are up to. Please send us any news about what is going on in perioperative care in your area or any issues you may be having in running your service, accessing resources etc.

**cpoc@rcoa.ac.uk**

That's all for now, thank you for your support.

CPOC is a partnership between:



[www.rcoa.ac.uk/cpoc](http://www.rcoa.ac.uk/cpoc) | [cpoc@rcoa.ac.uk](mailto:cpoc@rcoa.ac.uk)



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