



Welcome to the November 2020 edition of the CPOC Newsletter.

Please access the joint website below from the the Royal College of Anaesthetists, The Faculty of Intensive Care Medicine, the Intensive Care Society and the Association of Anaesthetists, which provides information, guidance and resources to support clinicians during the COVID-19 outbreak.

[Visit the COVID-19 guidance hub](#)

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## Under the spotlight in November

### *Improving the Quality of Patients Care: 6th NELA Annual Report*

The 6th Annual National Emergency Laparotomy Audit (NELA) focusing on the care of over 24,800 NHS patients before, during and after emergency bowel surgery, has shown that enhanced patient care has successfully reduced the 30 day mortality rate from 11.8% in 2013 to 9.3% in 2019.

CPOC Director Dr Jugdeep Dhesi explains this excellent ongoing work in a blog written for the RCoA, you can [read the full article by Dr Dhesi here](#) and access the key findings of the sixth NELA Audit [report here](#).

### *Improving the Quality of Patients Care: SORT Study*

Some patients die after major surgery. Risk prediction tools can help shared decision making with the patient, aiding decisions on whether to operate, how to prepare and use of critical care. An international multi-centre prospective observational cohort study in 274 sites with 22,631 patients compared risk prediction with 30-day mortality. In 88.7% of cases clinicians exclusively used subjective assessment. The best predictions were from the SORT tool combined with clinical assessment. P-POSSUM Surgical Risk Scale, SRS and SORT all over-predicted risk, with SORT performing best.

The 10-question SORT model has been updated including clinician assessment and provides the most accurate means of predicting perioperative risk. Find out [more here](#).

### *Supporting Our Workforce: Developing Advanced Practice in Perioperative Care*

POPS (Perioperative medicine for Older Patients undergoing Surgery) at Guy's and St Thomas' recently ran a two-day course for nurses and AHPs who wish to specialise in perioperative care.

Running as a virtual classroom, 14 delegates from around the country learnt about a wide range of topics including frailty, multi-morbidity and cognitive disorders. These taught sessions are supported by an online module, learning outcomes and an advanced practice capability framework. The expectation is that the course will run at least twice a year, with a plan to link with local universities to obtain MSc/BSc credits for extra study.

Please contact [jason.cross@gstt.nhs.uk](mailto:jason.cross@gstt.nhs.uk) if you would like to find out more.



## **CPOC** **Perioperative** **Care Event 03 03** **2021**

More information to be  
released shortly on the CPOC  
Website

## Recent Guidelines to Read on our Website



### National Day Surgery Delivery Pack

#### Guidance on Establishing and Delivering Enhanced Perioperative Care Services

October 2020



[View our guidelines now](#)



**Do you have a proposal for the next CPOC Guideline under one of our six strategic themes?**  
CPOC released our [CPOC Strategy 2020-2023](#) in October detailing our aims and six strategic themes. We welcome all proposals for future projects, to find out more visit our [Guideline Proposal page](#).



## PERIOPERATIVE JOURNAL WATCH

**See which articles on perioperative care have caught our attention.  
Recently added articles cover topics such as:**

1. Frailty and long-term postoperative disability trajectories: a prospective multicentre cohort study
2. Association between self-reported functional capacity and major adverse cardiac events in patients at elevated risk undergoing noncardiac surgery: a prospective diagnostic cohort study
3. Goal-directed haemodynamic therapy (GDHT) in surgical patients: systematic review and meta-analysis of the impact of GDHT on postoperative pulmonary complications

[View the CPOC Journal Watch](#)

# Get in touch...

We really want to hear what you are up to. Please send us any news about what is going on in perioperative care in your area or any issues you may be having in running your service, accessing resources etc.

**cpoc@rcoa.ac.uk**

That's all for now, thank you for your support.

CPOC is a partnership between:



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