



Welcome to the February 2021 edition of the CPOC Newsletter,

Please view our [COVID-19 page](#) for links to guidance from all our partner organisations and others.

[Visit the CPOC COVID-19 page](#)



@CPOC\_News  
#CPOCPeriop2021

### Centre for Perioperative Care Perioperative Event Wednesday 03 March 2021 Programme



CPOC is holding its first [FREE half day webinar](#) from 09:00-12:30 03 03 2021. The programme covers four main areas of perioperative development over the last year; Diabetes, Education & Training, Enhanced Care and Day Surgery.

[Find out more & Book](#)



The current COVID-19 – 19 Pandemic has challenged the perioperative care team in ways which we could not have foreseen. Individual practitioner adaptable clinical skills, compassion and care have been transferred across critical care boundaries, in support of national health emergency: Conduct above and beyond the call of duty!

Developing clinical practice boundaries, achievable competencies and appropriate collegiate governance has provided COVID-19 safe surgical environments. As the return

of elective surgery emerges to deal with increased waiting lists, the Perioperative Care Collaborative will continue to support practice development, standards and guidance for next perioperative generation.

The PCC was formed in October 2002 with a clear aim to explore perioperative issues and reach a consensus view on how they should be addressed and managed for the benefit of the patient and service delivery. Membership of the Collaborative is from professional organisations which represent those delivering care in the perioperative environment and currently includes nine prominent members. As a collaborative, we are able to call on expertise from each association when appropriate and concentrate on issues that cross professional boundaries. Our workstreams deliver guidance documents that support individuals, their education, career progression and advancing clinical practice development

[Read the full blog on the PCC's focus over the last four years and issues under review in 2021](#)

**Adrian Jones RN | SCP | FFPCEd**  
**Chair of the Perioperative Care Collaborative**

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**RCoA**  
Royal College of Anaesthetists

**Centre for Perioperative Care**

# Patient Safety in Perioperative Practice

20 April 2021  
Online

The RCoA will make a donation of £5 to Lifebox for every delegate attending this event.

**Find out more and book**

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# Centre for Perioperative Care Fellowship



## 12-Month Fellowship August 2021

To provide clinical support and knowledge to the development and delivery of the CPOC strategy.

The post is supported by the backfill cost of 0.5 WTE to enable the successful candidate to dedicate a minimum of 20 hours per week to the role.

The Fellowship will involve a combination of local working at the appointee's employing Trust/Board/Practice and national working with the CPOC leadership.

**Deadline for applications: Sunday 07 March 2021**

[Find out more and apply.](#)

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## Exercise: The miracle cure and the role of the doctor in promoting it

### AoMRC Blog: Exercise – still a miracle cure but in need of a different approach

"It has now been 6 years since the Academy's pivotal report 'Exercise the miracle cure' that I led. It collated some evidence showing exercise as better than many drugs for prevention (reducing the risk of dementia, diabetes, bowel cancer and depression by 30% at a 'dose' of 150 minutes per week) and as part of treatment. It also included skills on how to empower patients to choose an exercise and stick to it..."

[Read the full blog by CPOC Deputy Director Mrs Scarlett McNally.](#)



## Delivering patient-centred care: A perioperative care Green Paper

### Get involved with CPOC's new Green Paper project

In January 2021 CPOC launched a new nine-month policy development and research project aimed at producing the UK's first ever perioperative care green paper. For the next nine months, we will be carrying forward a varied programme of activity (including virtual parliamentary events, surveys, workshops, and focus groups) to better understand the current challenges and opportunities. The project will culminate in the publication of our Green Paper final report in the Autumn.

If you would like to contribute to our project and help us shape our thinking, please consider joining our 'informal sounding board' of experts, patients, and policymakers. We'll be turning to our 'Sounding Board' for all sorts of help as the project advances, including: asking you to take surveys; submit case-studies of your work; come along to workshops or parliamentary events; and write blogs or articles. Thank you in advance for your help and interest!

**Find out more & Get Involved**



### Professional Records Standards Body (PRSB)

#### Virtual Shared Decision Making Workshop

**04 March 13:00-15:00 (FREE)**

**Open to all health & care professionals & patients**

PRSB is working with CPOC, AoMRC, Patient Information Forum and EIDO Healthcare to develop a [universal SDM standard](#).

[Find out more and book with info@theprsb.org](mailto:info@theprsb.org)



## Personalised Care Institute (PCI)

### Virtual Training, Supporting and Embedding New Personalised Care Roles in PCNs

10 March 13:00-14:00 (FREE)

Anyone within PCNs or member practices involved

This webinar will focus on the new Health Coach, Care Co-ordinator and Social Prescribing Link Worker roles, and will provide practical advice and expertise on training and support for these roles including supervision, with an opportunity to share experiences and good practice.

[Find out more and book here](#)

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The infographic is a vertical list of four options for Shared Decision Making (SDM). Each option is represented by a speech bubble icon with a specific symbol inside, followed by the option name in large teal text and a smaller teal subtitle. The options are: 1. Benefits (plus sign icon), 2. Risks (exclamation mark icon), 3. Alternatives (four dots icon), and 4. Nothing (prohibited sign icon).

- Benefits**  
What are the Benefits?
- Risks**  
What are the Risks?
- Alternatives**  
What are the Alternatives?
- Nothing**  
What if I do Nothing?

## Shared Decision Making: What, Who, How?

CPOC will be launching a shared decision making hub for clinicians in spring 2021

[View our current SDM resources](#)



## PERIOPERATIVE JOURNAL WATCH

See which articles on perioperative care have caught our attention.  
Recently added articles cover topics such as:

1. Long-term Outcomes of Postoperative Atrial Fibrillation Following Non Cardiac Surgery: a Systematic Review and Metanalysis
2. The Prognostic Performance of Frailty for Delirium and Functional Decline in Vascular Surgery Patients

3. Brief Preoperative Screening for Frailty and Cognitive Impairment Predicts Delirium after Spine Surgery
4. Multi-disciplinary and pharmacological interventions to reduce post-operative delirium in elderly patients: A systematic review and meta-analysis

[View the CPOC Journal Watch](#)

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