

Welcome to the March 2021 edition of the CPOC Newsletter.

Please view our <u>COVID-19 page</u> for links to guidance from all our partner organisations and others.

Visit the CPOC COVID-19 page



Guideline for Perioperative Care for People with Diabetes Mellitus Undergoing Elective and Emergency Surgery



#CPOCDiabetesGuideline

Why do we need this?

National audit has demonstrated three distinct harms that continue to occur in hospitalised people with diabetes:

- 1. Hospital acquired hypoglycaemia
- 2. Hospital acquired DKA
- 3. Drug errors and errors associated with insulin infusions.

CPOC was tasked with producing a national joint standard and policy for the multidisciplinary management of patients with diabetes who require surgery to limit these harms and improve

overall care.

What does it contribute?

True 'whole pathway' guidance with authors including representatives from primary care, pharmacists, geriatric medicine, diabetes inpatient specialist nurses, patient groups, diabetologists, surgeons and anaesthetists.

Practical recommendations including the management of individual diabetes drugs, insulin pumps and blood sugar targets.

Advice on guidance implementation, without which patient care and outcomes will not improve.

Comments and feedback are welcomed

Read the full guideline



Find out more and book



Our survey from the CPOC Perioperative Webinar told us what you thought were the priorities for perioperative care and what CPOC should focus on moving forward. Many of the key areas raised are already new CPOC workstreams that we are focusing on to improve care. We welcome all who would like to get involved.

Guideline for Perioperative Care for People Living with Frailty Undergoing Elective and Emergency Surgery

This guideline is being developed in collaboration with the British Geriatrics Society. A working group has convened and we hope to publish the guideline in July 2021.

Guideline for the Management of Anaemia in the Perioperative Pathway

CPOC is in the process of bringing together a working group for this guideline. This will be ready for publication in October 2021.

Interface between Primary & Secondary Care

A four nations workstream group is being convened to share, collaborate and develop resources for best practice on how to improve the interface between primary and secondary care to ensure seamless MDT working across the perioperative pathway.

Email us to get involved in a workstream





Centre for Perioperative Care Perioperative Event

Wednesday 03 March 2021 Programme



Missed our CPOC Perioperative Webinar 03 03 2021?

Watch the full webinar <u>available here</u> alongside all the presentations from the day.











SARS-CoV-2 infection, COVID-19 and timing of elective surgery

A multidisciplinary consensus statement on behalf of the Association of Anaesthetists, Centre for Perioperative Care, Federation of Surgical Specialty Associations, Royal College of Anaesthetists, Royal College of Surgeons of England

SARS- CoV-2 Infection, COVID-19 and Timing of Elective Surgery

The guideline can be accessed here.

CPOC has now published a **patient information guide** on what this guidance means for those undergoing surgery.

View the patient information

Guidance & Projects CPOC Endorses/Supports

- <u>O Surgery and Opioids</u> FPM, RCoA, RCGP, RCSEng, RCN, CPOC, RPS & The British Pain Society
- O Perioperative Care for the Cystic Fibrosis Patient Cardiff and Vale University Health Board
- O Specialised Clinical Frailty Network- NHS
- SafeFit- Wessex Cancer Alliance, University Hospital Southampton NHS Foundation Trust, Macmillan Cancer Support, CanRehab Trust, National Institute for Health Research Cancer and Nutrition Collaboration, Royal College of Angesthetists



See which articles on perioperative care have caught our attention. Recently added articles cover topics such as;

- One-Year Medicare Costs Associated With Delirium in Older Patients Undergoing Major Elective Surgery
- 2. Long-term Outcomes of Postoperative Atrial Fibrillation Following Non Cardiac Surgery: a Systematic Review and Metanalysis
- The Prognostic Performance of Frailty for Delirium and Functional Decline in Vascular Surgery Patients
- Brief Preoperative Screening for Frailty and Cognitive Impairment Predicts Delirium after Spine Surgery

View the CPOC Journal Watch

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