



Welcome to the May 2021 edition of the CPOC Newsletter,

Please view our [COVID-19 page](#) for links to guidance from all our partner organisations and others.

[Visit the CPOC COVID-19 page](#)

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## THANK YOU

From the team at CPOC we want to say thank you for the essential work you have done and are continuing to do so throughout the pandemic. Thank you for your tireless determination and inspiring commitment during these unprecedented and challenging times.





## "Greener Operations" Priority Setting Partnership Survey

Can you help the partnership decide the big questions on how to make operations greener? Did you know that healthcare is responsible for around 5% of the UK's carbon footprint?

The partnership is a group of patients, healthcare professionals and public representatives who want to define the top research priorities to make the care delivered during and around the time of surgery (peri-operative practice) more environmentally sustainable. Sustainability can be broadly defined as being able to meet the needs of the current generation whilst not compromising the ability of future generations to meet their own needs.

This work is a collaboration between the [Manchester Foundation Trust Charity](#) and the [James Lind Alliance](#), a non-profit making initiative which aims to bring patients, carers and clinicians together to identify unanswered research questions.

**Take the short survey and help identify how to make operations greener.**

[Complete the survey](#)



[Would you enter for a marathon without training for it? Why patients can benefit from a preparation list](#)

Read out [latest blog](#) of a three part series from CPOC patient representative Lawrence Mudford on why patients should use extended waiting list time to get as fit as possible and prepare for surgery to potentially reduce post-op complications and length of stay.

### **The role of the ODP in perioperative care: now and in the future**

Read our [blog](#) by Lorraine Horton-Smith, Senior Lecturer in Operating Department Practice & Perioperative Studies, on the perioperative role of ODPs, CPOCs green paper project and how to get involved.

#### **RCSEng Publishes 'A New Deal for Surgery'**

The report highlights the challenges that exist and provides recommendations for recovery



**Royal College  
of Surgeons  
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ADVANCING SURGICAL CARE

[Read the report](#)

# NAP7

## National Audit Project

### **NAP7 launches on 16 June 2021**

National Audit Project 7 (NAP7), studying perioperative cardiac arrest, will launch on 16 June 2021, after a one year delay due to COVID-19.

As with previous NAPs, there will be three parts to NAP7: a baseline survey of all anaesthetists and anaesthesia associates to evaluate anaesthetists' previous experiences, preparedness and facilities; an individual case registry to provide detailed information about the occurrence, management and outcomes of all perioperative cardiac arrests over a 12 month period; and an activity survey to create a quantitative snapshot of anaesthetic activity in the UK. Both the baseline survey and case registry will launch in June, while the activity survey will launch this autumn. All reporting is confidential.

The NAP7 team is, as always, immensely grateful to the anaesthetic community whose hard work enable these projects to run.



[Learn more about NAP7](#)



## Patient Information Update

- The RCoA have updated [General Anaesthesia: Brief Guide for Young People](#), the guide about undergoing anaesthesia for patients aged 12+ now with a brand new and mobile-friendly design
- The RCoA have produced a video for children following *Rees Bear* who has an anaesthetic. [Watch the video on YouTube](#). A [leaflet version](#) of *Rees Bear* is also available.
- The College has translated [7 of their leaflets into 20+ languages](#)
- Dr Hilary Swales has written a [blog](#) about the RCoA being awarded accreditation for its patient information by the Patient Information Forum

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## We want to hear from you about Shared Decision Making in your Trust

CPOC are in the process of developing a shared decision making hub for clinicians and we hope to launch this in summer 2021.

We want to hear from you about your examples of effective shared decision making to be used as best practice examples as well any resources that could be of use for others trusts on the hub.

Please get in touch with any examples or resources you would like to share.

[Tell us about shared decision making](#)

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# PERIOPERATIVE JOURNAL WATCH

See which articles on perioperative care have caught our attention.  
Recently added articles cover topics such as;

1. The Effect of Orthostatic Hypotension Detected Pre-Operatively on Post-Operative Outcome
2. One-Year Medicare Costs Associated With Delirium in Older Patients Undergoing Major Elective Surgery
3. Long-term Outcomes of Postoperative Atrial Fibrillation Following Non Cardiac Surgery: a Systematic Review and Metanalysis

[View the CPOC Journal Watch](#)

CPOC is a partnership between:



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