



Welcome to the July 2021 edition of the CPOC Newsletter,

Please view our [COVID-19 page](#) for links to guidance from all our partner organisations and others.

[Visit the CPOC COVID-19 page](#)



Welcome CPOC's Shared Decision Making Virtual Hub!

With the current surgical backlog, it is imperative we ensure the right patient undergoes the right surgery. Up to 14% of patients regret having undergone surgery, and previous Cochrane reviews suggests implementing shared decision making reduces the number of patients who choose major surgical interventions.

Ensuring patients make informed choices has recently been the focus of new [GMC](#) and [NICE guidance](#), and there are now a vast number of resources to help patients and clinicians arrive at decisions in partnership. At CPOC, we have collated this into one hub.

This hub contains a range of resources such as short podcasts, education and training packages, suggested quality improvement projects and national guidance. We hope we ignite your interest in implementing or furthering shared decision making in your context. This is simply a start and we

welcome your suggestions to help us improve this hub. For now, we hope you enjoy it and let us know how you get on – if you have any shared decision making case studies, please do not forget to [submit them here.](#)

[Visit the New SDM Hub](#)

Perioperative Leads Questionnaire Open now for responses

We want to hear from you!!

The short questionnaire is designed to clarify what perioperative services are available around the country and where and how CPOC can best provide assistance and support to improve them. We want to work with our perioperative leads to refresh and improve our network and the support we offer.

[Fill out the short survey now](#)



The image is a podcast thumbnail for the Centre for Perioperative Care. It features a stylized logo on the left consisting of a teal 'P' with a green circle inside. To the right of the logo, the text 'Centre for Perioperative Care' is displayed in a large, dark grey font. Below this, the title 'How... waiting lists for surgery... preparation time' is written in a smaller, green font. A large red play button icon is centered over the text. At the bottom of the image, a teal banner contains the text 'Centre for Perioperative Care Podcast on Waiting Lists as Preparation Lists' in white.

Centre for Perioperative Care Podcast on Waiting Lists as Preparation Lists

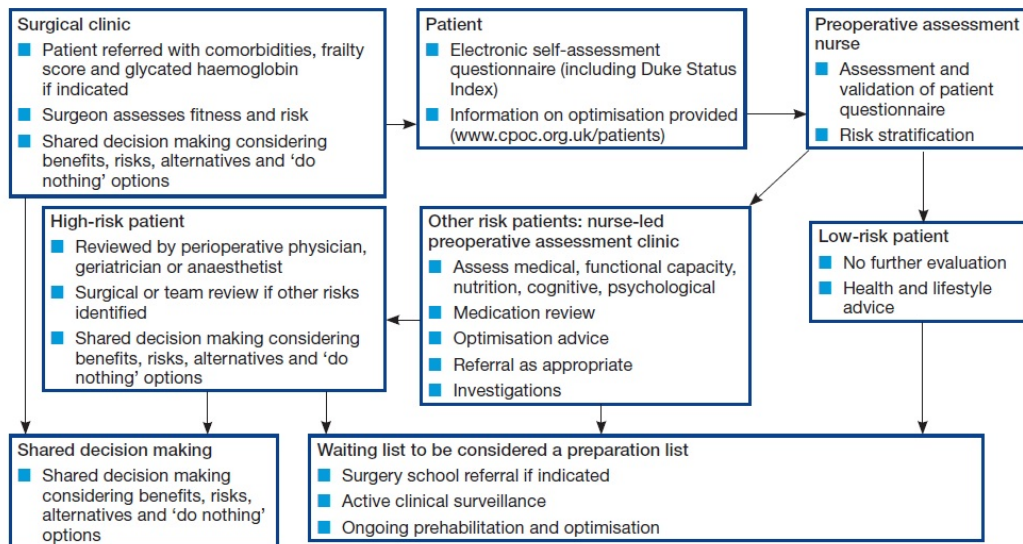


Figure 1. Flow chart for preoperative assessment and optimisation, with shared decision making and optimisation throughout.

Preoperative assessment and optimisation: the key to good outcomes after the pandemic

Our Deputy Director, Mrs Scarlett McNally, has an [editorial published on Pre-Operative Assessment and Optimisation](#). It is free to access and simplified for managers and teams to implement.

This is based on the [wide-ranging guidance](#) published recently by CPOC in partnership with many organisations.

'Complications following surgery are common, predictable and often preventable. New preoperative assessment and optimisation guidance recommends clear pathways with triggers for interventions, patient involvement, shared decision making and team education, to help both patients and service efficiency.'

A Wait on your Mind?



A realistic proposal for tackling the elective backlog

Robert Ede and Sean Phillips

Preface from Professor Sir Bruce Keogh

Foreword by Rt Hon Stephen Dorrell



[Read the full report](#)



The 3rd Sprint National Anaesthesia Project (SNAP 3) Studying Frailty and Delirium

The 3rd Sprint National Anaesthesia Project (SNAP 3), studying frailty and delirium, has taken the difficult decision to change our recruitment period to 21st-25th March 2022. This is due to COVID related challenges for local regulatory approvals and concerns about increasing clinical pressures on anaesthetic departments. We have taken this decision after discussion with RAFT, who support moving our recruitment dates.

We have had a great response from sites so far, if your hospital has not yet registered, then please send your hospital's details and the name of a Principal Investigator (PI) to

snap@coa.ac.uk

SNAP 3 will describe the epidemiology of the growing issues of frailty and postoperative delirium. We will look at the relationships between frailty, multi-morbidity and delirium and evaluate how these conditions affect individuals outcomes.

We are incredibly grateful to the anaesthetic community for supporting SNAP projects.

[For more information please visit the website](#)

Peri-operative care of Older People undergoing Surgery (POPS) Network

This new approach to the peri-operative management of older people undergoing surgery has been developed by leading clinicians in the field over the last 17 years, with extremely good results. The POPS service has improved outcomes by integrating geriatricians into the care pathway of older surgical patients and demonstrates that preoperative Comprehensive Geriatric Assessment (CGA) and optimisation reduces postoperative complications and length of stay in older people undergoing elective orthopaedic and vascular surgery.

There is now a bold ambition to share this work and drive the adoption and spread of this service model across the NHS.

[Find out more about the POPS Network and what support they offer](#)



PERIOPERATIVE JOURNAL WATCH

**See which articles on perioperative care have caught our attention.
Recently added articles cover topics such as;**

1. Associations of clinical frailty with severity of limb threat and outcomes in chronic limb-threatening ischaemia
2. Timing of Surgery following SARS-CoV-2 infection: an international prospective cohort study
3. The Effect of Orthostatic Hypotension Detected Pre-Operatively on Post-Operative Outcome

[View the CPOC Journal Watch](#)

CPOC is a partnership between:



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