



Welcome to the August 2021 edition of the CPOC Newsletter,

Please view our [COVID-19 page](#) for links to guidance from all our partner organisations and others.

[Visit the CPOC COVID-19 page](#)



Centre for
Perioperative Care

"I am delighted to have been appointed as the CPOC Fellow. Being part of a forward-thinking and dynamic group gives me immense pride and pleasure. Holistic, patient-centred care is of paramount importance and I look forward to promoting this ethos in my future work."

Dr Steven Evans, CPOC Fellow





Up to 14% of patients regret having undergone surgery, and previous Cochrane reviews suggests implementing shared decision making reduces the number of patients who choose major surgical interventions. Ensuring patients make informed choices has recently been the focus of new [GMC](#) and [NICE guidance](#), and there are now a vast number of resources to help patients and clinicians arrive at decisions in partnership. At CPOC, we have collated this into one hub.

This hub contains a range of resources such as short podcasts, education and training packages, suggested quality improvement projects and national guidance. We hope we ignite your interest in implementing or furthering shared decision making in your context. This is simply a start and we welcome your suggestions to help us improve this hub. For now, we hope you enjoy it and let us know how you get on – if you have any shared decision making case studies, please do not forget to [submit them here.](#)

[Visit the New SDM Hub](#)

Perioperative Leads Questionnaire Open now for responses

We want to hear from you!!

The short questionnaire is designed to clarify what perioperative services are available around the country and where and how CPOC can best provide assistance and support to improve them. We want to work with our perioperative leads to refresh and improve our network and the support we offer.

[Fill out the short survey now](#)



Personalised
Care Institute

[Free Core Skills Training Module in Personalised Care](#)

Health and social care professionals can learn more skills about personalised care in a PCI one hour [free](#) Core Skills training module, which provides a holistic overview and counts towards your CPD points. Sign up via the eLearning hub in a few easy steps.

[Sign up via the PCI](#)

Upcoming Events

Perioperative Shared Decision Making: Train the Trainers Workshop

10 September 2021 08:45, Online

Places available to attend an award-winning multidisciplinary, interactive online workshop about Shared Decision Making. Open to any professional involved in perioperative care.

[Find out more and register](#)

Future Surgery Show 2021

09/10 November 2021, ExCel London

Join the RCSEng for the Future Surgery Show, bringing together surgeons, anaesthetists and the whole perioperative team at the ExCel London. Designed specifically to meet the training needs, promote networking and develop a stronger voice for all surgical professionals and the MDT in perioperative care.

[Find out more](#)

[Book](#) with our CPOC unique code: CPOC

NHS England & NHS Improvement Health Wellbeing Community Event

08 September 2021 16:00, Online

The event will focus on how relationships can affect our health and wellbeing and is open access

[Event link](#)



FACULTY OF PAIN MEDICINE of the Royal College of Anaesthetists

FPM Survey on Postoperative Prescribing

The FPM will be carrying out a survey on postoperative prescribing. The aim of this survey is to understand the current status of opioid prescribing for perioperative adults in all acute hospitals across the UK. We aim to assess the results against recommendations for best clinical practice as outlined by a multidisciplinary consensus statement on the prevention of opioid-related harm in adult surgical patients.

[The survey will be available from 1st September](#)



NHS

NHS Health and Wellbeing National Support

Supporting our NHS people; helping you manage your own health and wellbeing while looking after others #CaringforNHSPeople

[Access support](#)



PERIOPERATIVE JOURNAL WATCH

**See which articles on perioperative care have caught our attention.
Recently added articles cover topics such as;**

1. Associations of clinical frailty with severity of limb threat and outcomes in chronic limb-threatening ischaemia
2. Timing of Surgery following SARS-CoV-2 infection: an international prospective cohort study
3. The Effect of Orthostatic Hypotension Detected Pre-Operatively on Post-Operative Outcome

[View the CPOC Journal Watch](#)

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