



Welcome to the September 2021 edition of the CPOC Newsletter,

Please view our [COVID-19 page](#) for links to guidance from all our partner organisations and others.

[Visit the CPOC COVID-19 page](#)



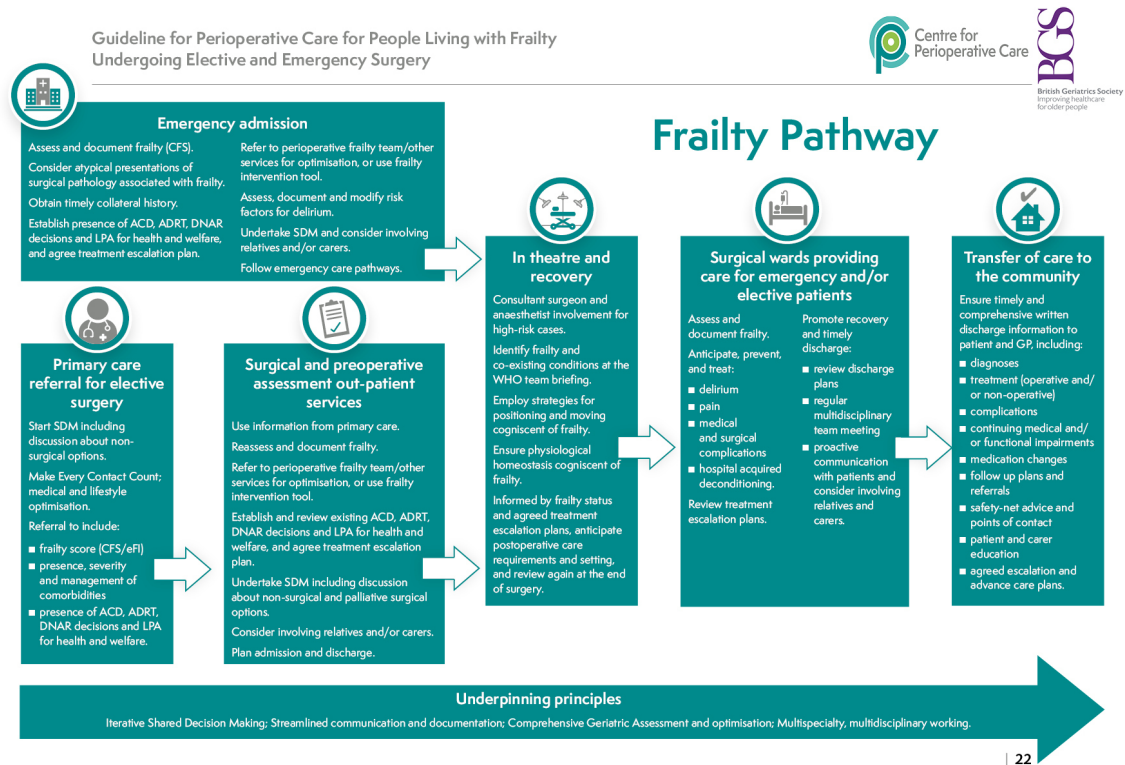
## Guideline for Perioperative Care for People Living with Frailty Undergoing Elective and Emergency Surgery

### CPOC and BGS Frailty Guideline

The Centre for Perioperative Care (CPOC) and British Geriatrics Society (BGS) have now

published the '[Guideline for Perioperative Care for People Living with Frailty Undergoing Elective and Emergency Surgery](#).' Building on existing guidance, this is the first full pathway guideline for the perioperative management of people living with frailty undergoing surgery.

The impetus for the collaboration has arisen for the need for a complete pathway for people living with frailty to reduce perioperative complications in this high-risk patient group. The guideline was developed by a multidisciplinary working group led by CPOC Deputy Director Dr Jugdeep Dhesi and joint clinical lead Dr Jude Partridge from the British Geriatrics Society. The group encompassed representatives from over twenty organisations involved in the care of patients living with frailty alongside patient and lay involvement.



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[Read the full guideline](#)

*"We hope that this jointly produced guideline will empower patients living with frailty to work with health care professionals using shared decision making to ensure they receive the best possible care. This is particularly timely as health care services recover after the COVID pandemic."*

Dr Jugdeep Dhesi, CPOC Deputy Director

[#PeriopFrailtyGuideline](#)





Visit the SDM Hub



GETTING IT RIGHT FIRST TIME

### GIRFT PUBLISHES 18 NATIONAL REPORTS

Getting it Right First Time (GIRFT) has released 18 national reports and [these can be found here](#). CPOC welcomes the release of these quality improvement reports outlining the national standards for the 18 areas of practice.

GIRFT will be scheduling a range of promotion of the individual reports throughout the autumn months. The 'Anaesthesia and perioperative medicine' report will be publicised in October/November 2021. CPOC will be following the release of this report and please refer to our website and [@CPOC\\_News](#) twitter for further information.

[Find out more on the GIRFT website](#)

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# Tackling the elective surgery backlog

Perioperative care solutions  
to the waiting list

Survey results of system leaders, September 2021

**Increasing day surgery critical to reducing backlog say NHS leaders**

**Call for overhaul of how patients prepare and recover from operations**

CPOC has worked with polling experts Savanta ComRes to interview health and care leaders working across the system – from community, to primary care, secondary care, and social care services- about how perioperative care can most help their local system manage its waiting list. We've pulled together the findings in this short paper, which include our recommendations for investment in the upcoming Spending Review.

[Read the full report](#)

#InequalitiesInHealthAlliance

**A cross-government strategy** is the only way to address the underlying causes of health inequalities.

 **Inequalities in  
Health Alliance**  
Working together for healthier lives in a fairer society

The best way to improve health is to focus on the factors which shape it. The IHA has written to the Prime Minister calling for an explicit health inequalities strategy, that considers the role of

every department and every available policy lever in tackling health disparities to help support the development of a healthier nation. Many deaths could have been prevented if there had been better levels of general health before the pandemic and the government needs to begin to address the societal factors that impact on health.

92 IHA organisations have signed the letter.

[Find out more on the day of action and the letter to the Prime Minister here](#)

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### **PCI anniversary: a chance to start your personalised care learning journey**

The Personalised Care Institute celebrates its one year anniversary this month and is encouraging members of the MDT to 'make it a month of firsts' by taking its [free online Core Skills module](#) as a first step in their personalised care training journey.

New data from the PCI, based on 4,410 patient appointments, shows that patients who receive personalised care are much more likely to feel motivated, listened to and able to manage their health more effectively.

The [PCIs online Core Skills module](#) is completely free, takes just 60 minutes to complete and all learners get a Certificate of Learning as proof of professional development.

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## **PERIOPERATIVE JOURNAL WATCH**

**See which articles on perioperative care have caught our attention.  
Recently added articles cover topics such as;**

1. Associations of clinical frailty with severity of limb threat and outcomes in chronic limb-threatening ischaemia
2. Timing of Surgery following SARS-CoV-2 infection: an international prospective cohort study
3. The Effect of Orthostatic Hypotension Detected Pre-Operatively on Post-Operative Outcome

**[View the CPOC Journal Watch](#)**

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