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Welcome to the February 2022 edition of the CPOC newsletter,

Thank you for subscribing and supporting CPOC, contact us at CPOC@rcoa.ac.uk if you have any content you think we should share in our newsletters.

Share a case study

Survey request form

Guidelines

Timing of elective surgery and risk assessment after SARS-CoV-2 infection: an update

A multidisciplinary consensus statement on behalf of the Association of Anaesthetists, Centre for Perioperative Care, Federation of Surgical Specialty Associations, Royal College of Anaesthetists, Royal College of Surgeons of England

K. El-Boghdady,^{1,2} T. M. Cook,^{3,4} T. Goodacre,⁵ J. Kua,⁶ S. Denmark,⁷ S. McNally,⁸ N. Mercer,⁹ S. R. Moonesinghe¹⁰ and D. J. Summerton^{11,12}

1 Consultant, Department of Anaesthesia and Peri-operative Medicine, Guy's and St Thomas' NHS Foundation Trust, London, UK

2 Honorary Senior Lecturer, King's College London, London, UK

3 Consultant, Department of Anaesthesia and Intensive Care Medicine, Royal United Hospitals Bath NHS Foundation Trust, Bath, UK

4 Honorary Professor, University of Bristol, Bristol, UK

5 Consultant, Department of Plastic and Reconstructive Surgery, Manor Hospital, Oxford, UK

6 Fellow, Health Services Research Centre, London, UK

7 Chair, Patient and Public Group, Royal College of Surgeons of England, London, UK

8 Consultant, Department of Orthopaedic Surgery, Eastbourne Hospital, Eastbourne, UK

9 Consultant, Cleft Unit of the South West of England, Bristol Dental School, Bristol, UK

10 Professor and Head of Centre for Peri-operative Medicine, University College London, London, UK

11 Consultant, Department of Urology, Leicester General Hospital, Leicester, UK

12 Honorary Professor, University of Leicester, Leicester, UK

Updated Consensus Statement: Timing of Surgery After COVID-19

In response to new evidence and one year after the publication of the original guidance, the updated 'SARS-CoV-2 infection, COVID-19, risk assessment and timing of elective surgery' multidisciplinary consensus statement has been published.

The statement is endorsed by the Centre for Perioperative Care, The Royal College of Anaesthetists, Royal College of Surgeons of England, Association of Anaesthetists and the Federation of Surgical Specialty Associations.

[Read the statement](#)

[Patient information](#)



Find out more from the authors



Centre for
Perioperative Care
Guidelines
WWW.CPOC.ORG.UK



Frailty Guideline



Day Surgery



Diabetes Guideline



Timing of Surgery



Enhanced Care

Decision not to undertake surgery

Decision to undertake surgery



Primary referer



Pre-operative phase
(surgical consultation and pre-assessment)



Intraoperative care and surgery



Early post-operative phase



Post acute care



Primary referer/care and follow up



"The roll out of perioperative care teams to screen patients ahead of their operation, to identify and manage risk factors and to provide support for patients, will have very significant positive impacts in terms of reduced cancellations, improved patient outcomes, and NHS financial savings. The Centre for Perioperative Care looks forward to working with NHSE and its partner organisations to help take a fully funded solution forward and to also make important inroads into supporting our patients to help address their fitness for surgery."

Dr David Selwyn, CPOC Director



NHSE/I Publishes Delivery plan for tackling the COVID-19 backlog of elective care

As [CPOC's evidence reviews show](#), the healthier someone is going into their operation, the lower the chance their operation will need to be cancelled on the day of surgery, the lower the chance of post-operative complications and the quicker and more successful their recovery. Cancellations and complications are bad for patients and dealing with these complications reduces NHS efficiency and value for money.

10% - 15% of patients undergoing operations experience complications which are often preventable. Improving the preparation of patients ahead of an operation by addressing health problems yields major benefits as do simple patient lifestyle changes. Up to 14% of patients regret undergoing surgery so it is vital that through shared decision making that clinicians and patients determine that surgery is the right intervention.

CPOC welcomes the proposals to:

- Improve shared decision making between patients and clinicians to empower patients to make informed choices about their own care
- The commitment to Personalised Care Plans, which will support patients prepare for surgery by giving support and guidance to achieve the best possible outcomes
- Support safe, effective and timely discharge from hospital
- Perioperative Care Teams to help draw these strands together.

Read NHSE/I Elective Recovery Resources

RCoA Fitter, Better, Sooner

Shared decision making resources



Take part: PRSB's shared decision making survey now open

Take part in PRSB's survey for its upcoming new information standard, which will support shared decision making for safer, personalised care.

21st February - 18th March 2022

[Take the survey](#)



Centre for Perioperative Care

#PSPP22 

5 CPD credits 

Patient Safety in Perioperative Practice
Wednesday 9 March 2022



[More information](#)



See which articles on perioperative care have caught our attention.
Recently added articles cover topics such as;

1. [Making Surgery Successful](#) (RCN Bulletin)
2. [New guidance on the perioperative management of diabetes](#) (RCP, Clinical Medicine)
3. Associations of clinical frailty with severity of limb threat and outcomes in chronic limb-threatening ischaemia
4. Timing of Surgery following SARS-CoV-2 infection: an international prospective cohort study

View the CPOC Journal Watch

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Centre for Perioperative Care
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35 Red Lion Square
London, WC1R 4SG
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